Social Strides

Registration Packet for Adult Social Therapies

Welcome!

Adult sessions will provide opportunities to explore concepts and develop tools to address various areas of social thinking. Some of these might be:

Many adults are seen in individual sessions to explore their very specific individual needs. We also provide social thinking group treatment IF we find clients that are a good match for one another. Individuals are not grouped simply on the basis of diagnostic label, age group or scheduling availability. A meet and greet appointment is key to determining appropriate placement and group matches.

If you have previous treatment or diagnostic reports available, please attach a copy as well as a written letter from you or a trusted friend or family member. This will help us better understand why you are seeking treatment. Treatment is individualized to foster social learning and development. Regular attendance for private or group sessions is key.

To apply for services please return the completed documents prior to or during the intake evaluation (meet and greet). Please know that while our initial meeting and completion of the registration forms do not guarantee placement in our program at a specific time, this information helps us to determine the best possible course of treatment and group fit for each individual.

Costs: 1 hour group session - \$95/hour 1 hour individual session - \$145/hour 1 hour dyad session - \$105/hour

If you should have any questions about our services, feel free to call 650.533.8533. Thank you for selecting Social Strides. We look forward to seeing you!

Best regards, Diane Levinthal MA, CCC-SLP, Director

^{*}perspective taking

^{*}personal problem-solving

^{*}self-advocacy

^{*}related social anxiety

^{*}organizational skills

^{*}social communication and advanced social relationship skills for use in the work setting, home, college campus and community.

social Strides

Speech, Language and Social Skills Services

REGISTRATION PACKET

Last:	First:		
Date of Birth:	_Gender: <u>M / F</u>		
Street Address —			
City:	Zip Code		
Home/Evening Phone:	Day/Work Phone		
Cell	Email		
Occupation:			
Emergency Contact:			
MY MOTIVATION FOR SEEKING TREATMENT:			
☐ Help holding/getting a job	☐ Organizational skills		
☐ Social networking / developing social relationships in the community and/or work.			
☐ Learning coping and Social Thinking and/or related social skills for use on a college campus			
 □ Specific vocational and life sklls training for help with increasing independence at home, work and community. □ Other: 			
GROUP AND/OR INDIVIDUAL REQUEST: ☐ I am interested in group sessions ☐ I am interested in individual sessions ☐ Both How did you learn about Social Strides Speech/Language?			

BILLING INFORMATION

If billing address is different than the above address		
☐ I am responsible for my own cha	arges. Please mail invoices to the	address above.
☐ Please mail invoices to the perso	on listed below:	
Name:		
Address:	City:	zipcode:
Daytime Phone:	Mobile phone:	·
Email address:		
INFORMATION:		
☐ I am currently employed ☐ Company:	·	
Located in:		
Please describe any current co	oncerns you have regarding your	
□ I am currently attending sc	:hool: □ full-time □ part-time a	
General class schedule:		
Major:		
Highest level of education com college/university □ trade Degree(s):	pleted: □ high school □ junior o	college 🗆
Please describe any concerns y	you have regarding your schooling	:

Is there someone at school that we may contact?

contact name		contact telephone
title of contact person	1	email address
□ I am living in my pe□ I have other living	s) and share expenses bber of years? arents' home arrangements stance for my expense	☐ I have children ☐ I am divorced
•	•	me of the person you gave you the
Current medications:		
Please describe why ye	ou are seeking assista	nce from our clinic:
		_
		skills help in the past? Yes/No
RELEASE OF INFORM	<u>ATION</u>	
Name/Birth date:		
and/or psychological record	ls (as specified below) tha	of pertinent educational, medical/audiological, may include individually identifiable health ial Strides and the following people:
nam	es phone	email

□ profess	ional			
	name	phone	email	
□ profess	iional			
	name	phone	email	
signature			date	

POLICY STATEMENT

How therapy groups are organized:

- During the school year, social groups will begin in mid September and run through mid June. Summer program runs late June through mid August.
- Social Groups are carefully arranged according to student match regarding social, cognitive and behavioral ability and fill up quickly. Size is limited to 2-4 students. These after school sessions are 60 minutes in length. The first 45 minutes are for direct instruction with students and the final 10-15 minutes are spent in family/caregiver consult. Carry-over assignments and activities are offered during the consultation time and are an important link to improving social competence in every day situations.
- Make-up sessions are available on a limited basis please check with your therapist.
- Continuing students do not need to repeat an intake assessment.
- Individual sessions for speech/language therapy are scheduled on a month by month basis, usually once per week for 60 minutes.

Thank you for understanding that scheduling well-matched groups across schedules and cities is extremely challenging. The integrity of each group is dependent on information provided about day and time availability <u>prior to participation</u> in group and then each student's presence for the others throughout a semester <u>once a group has begun</u>.

Drop outs for seasonal sports or other commitments result in an unsatisfactory experience for all the participants. Individuals are expected to make every effort to attend all semester sessions. This is particularly true for those seen in small groups of two students!

Again ~ thank you in advance for consideration of these factors.

Fees and Policies:

- For a detailed description of our therapeutic and diagnostic rates, please email info@socialstrides.com.
- Invoices are sent via email during the first week of the month for the preceding month's therapy sessions.
- Charges apply to all missed sessions.
- If a student should need to discontinue enrollment, two weeks notice is required.
- Students needing to "take a break" for several weeks during a semester are subject to a fee of no less than 50% for all sessions missed unless and until another student is brought in to fill that vacant space for the remainder of the semester.
- Balances remaining overdue in excess of six weeks are subject to a late fee.
- Parents and agencies wishing to contract for consultative and/or collaborative work in the areas of occupational therapy, behavioral intervention or other related services will be given referrals and the fee schedule of the individual provider(s). Social Strides does contract with school districts and will work collaboratively with

- ABA agencies to develop and monitor social and language programming implemented by behavioral teams.
- Workshop fees for regular education classmates are determined on a case by case basis and depend on the number of students/classes to be included and the overall number of visits arranged to the school site.
- Strides is an out of network provider and <u>families are expected to keep their</u> <u>balance current independent of seeking insurance reimbursement.</u> As a convenience to families, medical insurance codes may be provided on invoices for students holding a medical diagnosis.

Please sign and date below that you agree to the above policies \sim Thank you		
X	XX	
Signature	date	
MEDIA PERMISSION		
It is helpful to take pictures and film of s assessment purposes and self-monitoring opports.		
☐ I agree to appear in direct/background therapy (video playback monitoring), staff trai	, ,	
☐ I understand that photos and film will n the one in which my child participates or us above.	ot be shared with student groups other than sed for any other purposes than those listed	
signature	date	

AVAILABILITY: Therapy sessions typically are one hour, one time weekly. Please indicate time and days by circling when you are available to come for 1 hr sessions*:

11am	Monday	Tuesday	Wednesday	Thursday	Friday
12noon	Monday	Tuesday	Wednesday	Thursday	Friday
1pm	Monday	Tuesday	Wednesday	Thursday	Friday
2pm	Monday	Tuesday	Wednesday	Thursday	Friday
3pm	Monday	Tuesday	Wednesday	Thursday	Friday
4pm	Monday	Tuesday	Wednesday	Thursday	Friday
5pm	Monday	Tuesday	Wednesday	Thursday	Friday
6pm	Monday	Tuesday	Wednesday	Thursday	Friday

^{*}weekend appointments by special arrangement depending on therapist availability